



Longdean School



Nutritional Standards Policy

Reviewed: October 2010
Ratified: October 2010
Next review: October 2011

Nutritional Standards Policy

Policy Statement:

The Governing Body of Longdean School will ensure that any food provided meets with the standards prescribed in the current Nutritional Standards for School Lunches (England) Regulations. Guidance is available from www.DCSF.gov.uk/schoollunches and www.legislation.hmso.gov.uk. See also the Government's Healthy Schools Programme, www.wiredforhealth.gov.uk

Rationale

The educational mission is to improve the health of the entire community by teaching students and families, ways to establish and maintain life-long healthy and environmentally sustainable eating habits. The Governing Body will ensure that food in the school and advice given to students promotes a healthy lifestyle.

Aims

- To ensure that students receive a nutritious diet at school and that all pupils have access to safe food and a supply of drinking water during the school day
- To ensure that caterers comply with the current Nutritional Standards for School Lunches (England) Regulations
- To improve the health of students, staff and families by increasing awareness of food issues including what constitutes a healthy diet
- To ensure that food provision reflects any cultural and medical requirements of students and staff
- To promote and raise awareness of environmentally sustainable food production methods
- To create a whole school approach to food and health

Objectives

The Headteacher or Resources Manager will ensure that –

- Guidance is made available for staff, based on the current Nutritional Standards for School Lunches (England) Regulations
- Providers of food conform to the Regulations
- The agreed standards for free school meals are implemented
- Content, cost and provision are monitored
- Special dietary needs of children and staff are catered for

- Staff are expected to promote healthy eating in accordance with school guidance.

The Governing Body will –

- Ensure that any catering contract meets the requirements of this policy, including the requirement for the contractor to provide information to enable it to be monitored effectively through the Premises and Community Committee.
- Ensure that lunches meet with the standards prescribed in the current Nutritional Standards for School Lunches (England) Regulations
- Establish standards for school meals (including free school meals) and monitor their content, cost and provision through the Premises and Community Committee

Methods

- Establish the organisational structure and arrangements to oversee the policy through a whole school approach
- Integrating the aims of the policy into the curriculum in order to increase understanding
- Encourage a healthy lifestyle throughout the day taking into account all meal and break times
- Creating a safe environment in which to enjoy nutritious and environmentally sustainable food
- Encourage caterers to use environmentally sustainable food and where possible support the local economy
- Through the catering specification eliminate unnecessary and potentially harmful food additives including genetically modified foods
- Ensure that the providers of food services have trained personnel, quality systems and internal / external inspection programmes
- Provide appropriate levels of drinking water either through taps or water fountains

Arrangements for Monitoring and Evaluation

- The Premises and Community Committee will receive reports from the Resources Manager on the extent to which the catering providers conform to the regulations in terms of content, cost and provision, and the number of pupils receiving free school meals
- Surveys of students will be undertaken, at regular intervals through the Student Forum and reported to the Premises and Community Committee, to establish whether pupils are satisfied with the quality of meals offered

- Ensure the providers of the service monitor and evaluate the service provision and provide the school with documentary evidence to this effect, highlighting any actions taken.